

Post-Operative Instructions for Browlift

There may be information here that contradicts information on the general Post-Operative Instructions sheet. Any time this occurs, follow these procedure specific instructions. If you have any questions, please call the office at (775) 284-2020.

REMOVE THIS LINE AFTER YOUR DOCTOR HAS REVIEWED AND APPROVED CONTENT.

- .. NO HOT or WARM compresses to the brow area.
- .. NO COLD compresses to the brow area.
- .. You will be instructed when you may shower and shampoo your hair after surgery, most likely beginning two days after surgery.
- .. You may be asked to shampoo your hair daily until all the sutures have been removed, this will be determined on a case by case basis.
- .. DO NOT USE A HOT DRYER ON YOUR HAIR.
- .. Keep your head elevated to approximately 45 degrees for the first week.
- .. Avoid smoking for a minimum of 48 hours after your procedure this will decrease the possibility of coughing that may trigger bleeding.
- .. No alcohol for 1 week after surgery.
- .. Limit lifting, pulling, pushing, straining (including in the bathroom) for at least 10 days. Avoid bending over to pick things from the floor for one week.
- .. If you experience dry eyes, you may use over the counter artificial tears; either drops or ointments. Do not use products like Visine.

You can expect:

- .. Sutures and/or staples to be removed within 4 - 10 days (unless dissolvable).
- .. Moderate discomfort, which should be relieved with the pain medications
- .. Moderate swelling.
- .. Black and blue discoloration.
- .. Possible bloodshot eyes.

Call the office if you experience:

- .. Severe pain not responding to the medications.
- .. Moderate swelling.
- .. Any significant changes in vision (anything more than mild blurring)
- .. A fever.
- .. Call the office if you have any questions.